

WORKSHOP: UNDERSTANDING COMMUNICATION STYLES

Target Audience:

Anyone interested in understanding and improving their ability to communicate and interact better with others.

Course Description:

Often, barriers to building and sustaining effective relationships is nothing more than a misunderstanding of style. This fast paced 1-day workshop is targeted at those open to learning their preferred style of communicating, how that style influences how others perceive us, and what it takes to increase our effectiveness at interacting with others

Participants complete a well-researched communications style instrument; obtain a robust written report that details communication strengths along with areas that can be perceived as limiting our effectiveness. Students learn the various communication style of others and what it takes to increase their ability to communicate more effectively.

Participants of this thought-provoking and insightful workshop have the opportunity to explore how our communication impacts every facet of our lives. During the workshop participants explore how the different styles tend to work, deal with conflict, show up on teams, provide information and importantly, prefer to be communicated with. Past participants of this workshop describe this workshop as a practical and useful set of insight and practical tools for enhancing both their work and personal lives.

By the conclusion of this workshop, students will:

- Understand their own preferred communication style and the implication of style on their success
- Understand the styles of others including those that they may struggle to communicate with
- Learn what others need in order to communicate and interact successfully and what it takes to increase versatility to enable those interactions
 - Understand and practice tools and approaches for improving clarity and understanding with others
 - Obtain a set of tools for personal mastery in your communication and relationships

This workshop is offered by **StrategyWorks, Inc.**, an International consulting and training firm. The instructor and her team of highly experienced consultants and trainers, are highly sought after speakers and instructors who has worked across a

variety of Federal agencies including USDA, the US Forest Service, the Department of Interior, BLM, NBC, BIA, OST, US Fish and Wildlife, National Parks Service, and a variety of other organizations. Past participants have evaluated this workshop as a thought provoking, practical, useful course for energizing their interactions and success at working with others.



stratwks@comcast.net
www.strategyworksinc.com
+1 505-459-8668