

WORKSHOP: JUMP-STARTING YOUR MENTORING RELATIONSHIP

Purpose: To establish a good base for the mentoring relationship. This practical, hands-on workshop provides mentoring program participants the tools to ensure a solid start up; an understanding of the roles and responsibilities of both the mentors and those being mentored; an opportunity to establish a clear understanding of how the relationship will work between individuals; and an opportunity to set specific learning goals for the relationship.

Learning Objectives:

- To gain a clear understanding of the roles, responsibilities, do's and don'ts of successful mentoring.
- To identify the specific learning styles of the mentoring pairs and how to best work with the different styles.
- To learn how to establish rapport, develop and sustain relationships, and develop listening and feedback skills to sustain the relationship.
- To obtain a set of tools and tips for starting up and sustaining the relationship.
- To develop a set of strategies and actions to ensure the buy-in and commitment of your supervisors.
- To learn how to create meaningful development plans to ensure career growth.
- To learn how to negotiate what you need to be successful.
- To get ideas for how to jump-start and maintain the mentoring relationship given the work demands and time constraints of both parties.

This 1-day, hands-on workshop is intended to provide a practical framework for starting up and maintaining a healthy mentoring partnership. Participants will learn what is required of good mentors; what the expectations are of those being mentored; the pitfalls to avoid and some practical tips for getting off to a sound start and maintaining the relationship over the long term.

Students will have the opportunity to set specific learning goals and to develop agreements for how to keep the momentum and interaction going throughout the partnership.

This workshop is offered by **StrategyWorks, Inc.**, an International consulting and training firm. The instructor and owner, is a highly sought-after speaker and instructor who has worked across a variety of Government and private sector firms. Past participants have evaluated this workshop as a thought provoking, useful course for energizing mentoring partners and ensuring they know how to get started and keep the relationship on track.



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